

Forestry Tri-Mentoring



WHAT? SO WHAT? NOW WHAT?

We live in the fastest moving era of social evolution: the world and our daily lives flash by, it is hard to make sense of and remember what happens every day. Sometimes significant learning can be lost, just because we have no time to pause and think about our experiences.

Some ways people take time to integrate what they've gained from an experience, a conversation, a new person they met, are to write about it, or think about 3 things they're grateful for that day, or share a story around the dinner table.

To help you think about and capture some of your takeaways from your Forestry Tri-Mentoring experience, I'd like for you to [answer the following questions by Feb 28th](#).

WHAT: Describe one experience/conversation with your mentor and/or partner mentee that stood out for you.

SO WHAT: Why did the experience/topic of conversation stand out to you at this moment in time? Why is it significant to you?

NOW WHAT: How does this insight connect to you and the direction you want to go in?

Format:

You can do this in whatever medium you prefer:

- Writing
- Short video (1-2 min)
- Drawing (comic strip, collage, vision board etc)
- Music
- Digital (storytelling, blog post, etc)
- Other ...